

Life Coach

### Straight Talk On Life!

Motivation Mantra! "RISE AND SHINE!"

- Do you feel stuck in a dead end situation?
- Circumstances of life weighing you down?
- Inspirational Message For Every Group!

Finding Joy In The Jungle of Life:

- Are you searching for your purpose?
- Have you lost your HOPE?

#### Survivor Solutions:

- Is someone you know or love in an abusive relationship and you don't know how to help?
- Does past abuse still impact your life today?
- How can you help stop violence against women?

Music Ministry Madness:

- Make your next meeting an event to remember by adding music to the lineup!
- Mary incorporates music into her presentations, giving them an upbeat and entertaining feel!

#### Non-Profit Coaching & Development:

- Do you feel like you are wandering in a non-profit ocean all alone?
- Mary's presentations will shine like a lighthouse on a stormy night!
- One-on-One Coaching Sessions





New Single Released to radio: "Roses On Mahogany"



## Would You Like a Speaker Who Can Connect to Your Audience On Many Levels?

Every Presentation is Customized & Original!

# Reading the Headlines of Today?

### Mary's inspirational story turns tough topics

### into inspirational messages!

Her story was featured in Good Housekeeping Magazine & Marie Claire Australia

- Certified Life Coach
- Certified Restorative Therapist
- Victim Advocate
- Entrepreneur
- Author: "Hope Reigns" (World Wide Release in September)
- 3 Time Christian Recording Artist!



WWW.FARMERFAMILYMINISTRIES.ORG

### Coaching & Presentation

Topics

### Straight Talk On Life!

### Destiny:

- Discover your purpose, set goals and make it happen!
- Who are you and what do you want in life?

### Non-Profit / Professional:

- ♦ I have a dream..
- What do I do now?
- Working with People is Messy!
- Program Development, Leadership training, ABC's of Grants, Board development, Self-care & burn out

#### Music & Church Ministry:

- Concerts, Festivals, Special Events
- Praise & Worship Leader
- Available for ladies Retreats, Conferences
- Has the unique ability to combine music, motivational talks and Bible teaching
- Mary works with each hosting organization in order to customize each talk, set of music and teaching to fit the theme or to address current needs within the target audience



## Who Is Mary Farmer?

- Mary is a survivor of sexual assault at the age of 15 and a survivor of 15 years of brutal domestic violence.
- She and her daughter fled into hiding in 2002.
- Her story of triumph has impacted millions of people as she has shared her story!
- The founder of a crisis center and shelter she is an expert in issues relating to victims.
- Mary served for 8 years as the founder/ Executive Director of a non-profit organization and has since founded Farmer Family Ministries which provides coaching / mentoring for individuals, ministry leaders and non-profit organizations.
- Her prior experience in the banking and insurance industries, coupled with her non-profit & leadership training makes her a wealth of valuable knowledge and information!
- Praise & Worship leader, Bible teacher, Minister, Chaplain, Motivational Speaker
- Story Featured in Good Housekeeping Magazine article "Why I Finally Left" 2011.
- Story featured in Marie Claire Australia in 2012.
- Positive, upbeat and informational presentations for all audiences!
- Certified Stonecroft Speaker
- ♦ Featured speaker at Womenspeaker.com
- Blog Radio Host: "Hope Reigns with Mary Farmer at blogtalkradio.com

#### **Quotes From Clients:**

- Excellent presentation, very impactful. I got a lot of very useful info, especially in Love-Hope -fear– SAFEVIC Summit—San Antonio—TX
- Mary has a story that is real! It is filled with hope, as you observe her life and growth and the optimism for her future. She is flexible, can reach many audiences, is easy to work with, and is interested in educating others in order to prevent domestic abuse. She is sincere and honest– attributes that make a speaker effective. She is a survivor! - Toni Stone – Sillwater, OK